



World Gum Health Day

DIABETES AND ORAL HEALTH

Did you know that uncontrolled diabetes can worsen the **signs of gum disease**?

It is estimated that severe periodontal diseases affect about **14% of the adult world population**. This condition can be exacerbated by problems arising from this interrelation with **diabetes**, which affects about **50 million people in Latin America**.

Maintaining **healthy habits** can prevent oral health problems in patients with diabetes, such as **bone loss, gum bleeding, dental mobility** and bad breath.



TAKE CARE OF YOUR BODY AND YOUR GUMS



Take your medications



Clean your teeth at least 2 times a day

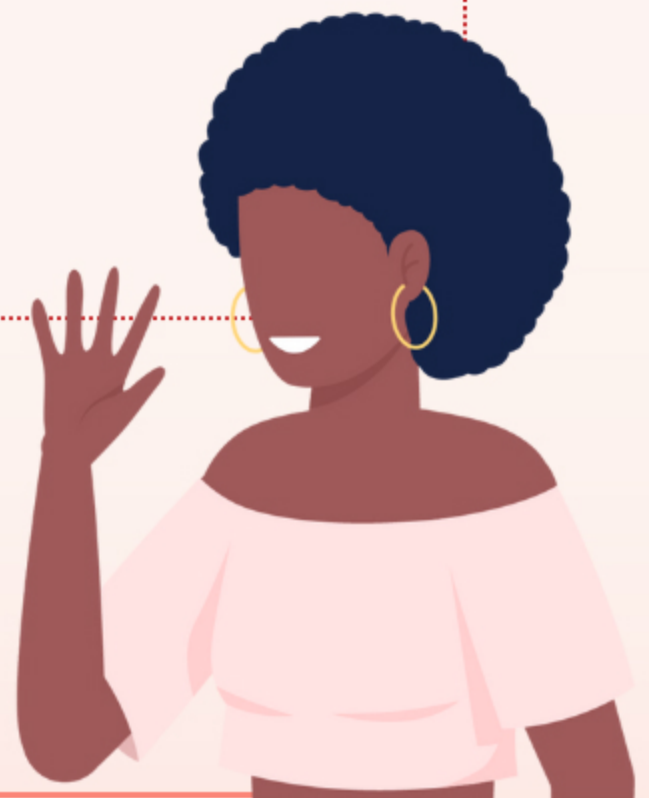


Use dental floss and mouthwash recommended by your dentist



Visit your dentist for proper professional guidance and **keep diabetes under control**.

Healthy Mouth, Healthy Body!



Support:

LAOHA



Promoting Oral Health Beyond Borders