



ORAL CARE DURING PREGNANCY

Did you know that pregnancy can bring **changes** to your **oral health**?



Several hormonal changes make pregnant women more susceptible to the development and progression of **periodontal disease**.

In pregnancy, periodontal disease can **lead to complications** for the baby and birth.

RISK FACTORS



- Preterm labor
- Fetal growth restriction
- Low birth weight
- Preeclampsia
- Gestational diabetes

WARNING SIGNS



Inflamed gums



Gum bleeding



Pain when chewing



Bad breath



Sensitive tooth

Prevention is important!
Maintain healthy habits and visit your dentist regularly

Support:

